Food, Gloríous Food

In China, you see everything. It is food in its purest and most basic form. Our group visited several markets as well as had opportunities to wander around festivals where specialty items are available.

Meats are always a specialty in a land where rice and vegetables are the mainstay. Vendors seem to specialize in one type of meat or another. So the head of the animal often has a prominent spot on the display table. And, of course, it is for sale too.







A popular dish is chicken feet stew



Or how about salty, crunchy crickets?



I was a little unnerved by this, wondering what this pups fate might be.



And sometimes when you've been traveling a long time, you just need food you can recognize!

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